



Liberty Corner Lunch Menu

December 2018

<p>3</p> <p>Mini Pancakes* (GED) with Scrambled Eggs (E) OR Campfire Beans over WG Rice*</p> <p>Hash Brown</p> <p>Raisins</p>	<p>4</p> <p>Penne Alfredo with Chicken (GD) OR Charro Black Beans over WG Rice*</p> <p>Roasted Carrots</p> <p>Fresh Grapes</p>	<p>5</p> <p>Chicken Nuggets (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*</p> <p>Sweet Potato Tots</p> <p>Fresh Banana</p>	<p>6</p> <p>Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G) OR BBQ Black Beans over WG Rice*</p> <p>Fresh Tomato Wedges</p> <p>Fresh Orange</p>	<p>7</p> <p>Pizza Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*</p> <p>Fresh Cucumber Slices</p> <p>Mandarin Oranges</p>
<p>10</p> <p>Mini Berry French Toast* (GED) w/ Egg Patty (E) OR Campfire Beans over WG Rice*</p> <p>Tater Tots</p> <p>Apple Sauce</p>	<p>11</p> <p>Sweet and Sour Chicken (G) over Whole Grain Rice OR Charro Black Beans over WG Rice*</p> <p>Fresh Red Pepper Strips</p> <p>Fresh Pear</p>	<p>12 Ace Giveaway Day</p> <p>Cheese* or Chicken Quesadilla (GD) OR Kickin' Pinto Beans over WG Rice*</p> <p>French Fries</p> <p>Diced Peaches</p>	<p>13</p> <p>Cheesy Baked Penne* (GD) OR BBQ Black Beans over WG Rice*</p> <p>Fresh Broccoli</p> <p>Pineapple Tidbits</p>	<p>14</p> <p>Mozzarella Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*</p> <p>Steamed Corn</p> <p>Apricot Halves</p>
<p>17</p> <p>Egg Fried Rice (GE) OR Campfire Beans over WG Rice*</p> <p>Fresh Baby Carrots</p> <p>Apricot Halves</p>	<p>18</p> <p>Chicken Parm (GD) over Spaghetti (G) OR Charro Black Beans over WG Rice*</p> <p>Red Pepper Strips</p> <p>Diced Pears</p>	<p>19</p> <p>Chicken Tenders (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*</p> <p>Fresh Zucchini Slices</p> <p>Fresh Apple</p>	<p>20</p> <p>Bacon Egg and Cheese Biscuit (GED) OR BBQ Black Beans over WG Rice*</p> <p>French Fries</p> <p>Applesauce</p>	<p>21</p> <p>½ Day No Lunches Served</p>
<p>24</p> <p>Schools Closed</p> <p>Winter Recess</p>	<p>25</p> <p>Schools Closed</p> <p>Winter Recess</p>	<p>26</p> <p>Schools Closed</p> <p>Winter Recess</p>	<p>27</p> <p>Schools Closed</p> <p>Winter Recess</p>	<p>28</p> <p>Schools Closed</p> <p>Winter Recess</p>
<p>31</p> <p>Schools Closed</p> <p>Winter Recess</p>				<p><u>Allergen Key</u></p> <p>G – Gluten</p> <p>E – Egg</p> <p>D – Dairy</p> <p><u>*Vegetarian Options*</u></p>

More info...Meatless Mondays!

Lunch Price \$2.60
 Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice **or** 8 oz. water.

Daily Options... Hummus available Daily

Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.
 For all lunch related information visit:
<http://bernards schooldish.com>