

Ridge High School Breakfast Menu

January 2019

1

Schools Closed
Winter Recess

Happy New Year

2

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

3

Sausage, Egg and
Cheese Wrap (GED)

4

Bacon, Egg and
Cheese Muffin (GED)

7

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

8

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

9

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

10

Sausage, Egg and
Cheese Wrap (GED)

11

Bacon, Egg and
Cheese Muffin (GED)

14

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

15

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

16

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

17

Sausage, Egg and
Cheese Wrap (GED)

18

Bacon, Egg and
Cheese Muffin (GED)

21

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel (GED)
Snow Day Make-Up
½ Day
Limited Menu

22

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

23

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

24

Sausage, Egg and
Cheese Wrap (GED)

25

Bacon, Egg and
Cheese Muffin (GED)

28

Taylor Ham, Egg and
Cheese on a Roll
(GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

29

Pancakes* with Syrup
(GED)

Egg and Cheese
Muffin (GED)

30

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and Cheese
on a Bagel (GED)
½ Day
Teacher In-Service
Day

31

Sausage, Egg and
Cheese Wrap (GED)

Allergen Key

G – Gluten
E – Egg
D – Dairy

Vegetarian

Available Daily...

Assorted Breakfast Sandwiches (GED), Muffins (G), Yogurt Parfait (GD), and Cereal (G). Whole Fruit and Fresh Fruit Cups. Tater Tots and Hash Browns.

More info...

For all lunch related information, please visit:
<https://bernards.schooldish.com>