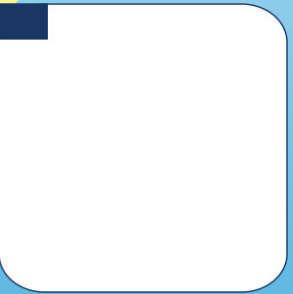




Oak Street Lunch Menu

February 2019



1 Super Bowl Celebration
 Beef or Cheese* (D)
 Nachos OR Charro Beans over WG Rice*
 Fresh Red Pepper Strips
 Mandarin Oranges in Juice

4
 Mac and Cheese* (GD) with Corn Bread (GED) OR Campfire Beans over WG Rice*
 Coleslaw (ED)
 Apricot Halves in Juice

5
 Popcorn Chicken (G) with Vegetable Lo Mein (G) OR Charro Black Beans over WG Rice*
 Fresh Red Pepper Strips
 Diced Pears in Juice

6
 All Beef Hot Dog on a Bun (G) OR Kickin' Pinto Beans over WG Rice*
 Baked French Fries
 Fresh Apple

7
 Mini Waffles* (GED) with Chicken Sausage OR BBQ Black Beans over WG Rice*
 Baked Tater Tots
 Applesauce

8
 Rotini Pasta (G) with Meat Sauce or Marinara* Sauce with WG Dinner Roll (G) OR Charro Beans over WG Rice*
 Steamed Corn
 Fruit Cup in Juice

11
 Mini Pancakes* (GED) with Scrambled Eggs (E) OR Campfire Beans over WG Rice*
 Hash Brown
 Raisins

12
 Penne Alfredo with Chicken (GD) OR Charro Black Beans over WG Rice*
 Roasted Carrots
 Fresh Grapes

13
 Chicken Nuggets (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*
 Sweet Potato Tots
 Fresh Banana

14
 Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G) OR BBQ Black Beans over WG Rice*
 Fresh Tomato Wedges
 Fresh Orange

15
 Pizza Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*
 Fresh Cucumber Slices
 Mandarin Oranges in Juice

18
Mid-Winter Recess School Closed

19
Mid-Winter Recess School Closed

20
 Cheese* or Chicken Nachos (GD) OR Kickin' Pinto Beans over WG Rice*
 French Fries
 Diced Peaches in Juice

21
 Cheesy Baked Penne* (GD) OR BBQ Black Beans over WG Rice*
 Fresh Broccoli
 Pineapple Tidbits in Juice

22
 Mozzarella Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*
 Steamed Corn
 Apricot Halves in Juice

25
 Grilled Cheese (GD) with Tomato Soup OR Campfire Beans over WG Rice*
 Fresh Baby Carrots
 Apricot Halves in Juice

26
 Chicken Parm (GD) over Spaghetti (G) OR Charro Black Beans over WG Rice*
 Red Pepper Strips
 Diced Pears in Juice

27
 Chicken Tenders (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*
 Fresh Zucchini Slices
 Fresh Apple

28 Ace Giveaway Day
 Bacon Egg and Cheese Biscuit (GED) OR BBQ Black Beans over WG Rice*
 Baked French Fries
 Applesauce

Allergen Key
 G – Gluten
 E – Egg
 D – Dairy
 Vegetarian Options

More info...Meatless Mondays!
 Lunch Price \$2.60
 Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

Daily Options... Hummus available Daily
 Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.
For lunch related information Visit:
<http://bernards.schooldish.com>