



Oak Street Lunch Menu

March 2019

New Snack Offering on Wednesdays and Fridays!

Ice Milk Novelties
\$1.50

Made with either non-fat or skim milk

All cones whole grain rich

Allergen Key

G – Gluten

E – Egg

D – Dairy

Vegetarian Options

1

Grilled Cheese* with or without Bacon (GD)

Fresh Cucumber Slices

Fruit Cup in Juice

4

French Toast Sticks* with Scrambled Eggs (GED) OR Campfire Beans over WG Rice*

Baked Hash Brown

Fresh Orange

5

Cheese Ravioli* (GED) with Marinara Sauce*

Mixed Roasted Vegetables

Fresh Apple

6

½ Day Teacher

In-Service Day

No Lunches Served

7

Meatball Parm Sub (GED)

Roasted Carrots

Pineapple Tidbits in Juice

8

Chicken or Cheese* (D) Nachos

Fresh Red Pepper Strips

Mandarin Oranges in Juice

11

Mac and Cheese* (GD) with Corn Bread (GED) OR Campfire Beans over WG Rice*

Coleslaw

Apricot Halves in Juice

12 Ace Giveaway Day

Popcorn Chicken (G) with Whole Grain Dinner Roll*

Fresh Red Pepper Strips

Diced Pears in Juice

13

All Beef Hot Dog on a Bun (G)

Baked French Fries

Fresh Apple

14

Mini Waffles* (GED) with Chicken Sausage

Baked Tater Tots

Applesauce

15

Rotini Pasta (G) with Meat Sauce or Marinara* Sauce with Whole Grain Dinner Roll (G)

Steamed Corn

Fruit Cup in Juice

18

Mini Pancakes* (GED) with Scrambled Eggs (E) OR Campfire Beans over WG Rice*

Baked Hash Brown

Raisins

19

Penne Alfredo with Chicken (GD)

Roasted Carrots

Fresh Grapes

20 First Day of Spring

Chicken Nuggets (G) with Garlic Toast (GD)

Fresh Broccoli

Fresh Banana

21

Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G)

Fresh Tomato Wedges

Fresh Orange

22

Pizza Sticks* (GD) with Marinara Sauce

Fresh Cucumber Slices

Mandarin Oranges in Juice

25

Mini Berry French Toast* (GED) w/ Egg Patty (E) OR Campfire Beans over WG Rice*

Baked Tater Tots

Apple Sauce

26

Sweet and Sour Chicken (G) over Whole Grain Rice

Fresh Red Pepper Strips

Fresh Pear

27

Cheese* or Beef Nachos (GD)

Roasted Carrots

Diced Peaches in Juice

28

Cheesy Baked Penne* (GD)

Fresh Broccoli

Pineapple Tidbits in Juice

29

Mozzarella Sticks* (GD) with Marinara Sauce

Steamed Corn

Apricot Halves in Juice

More info...Meatless Mondays!

Lunch Price \$2.60

Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

Daily Options... Hummus available Daily

Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.

For lunch related information Visit:

<http://bernards.schooldish.com>