



# Oak Street Lunch Menu

June 2019

**3**  
Mini Berry French Toast\* (GED) w/ Egg Patty (E) OR Campfire Beans over WG Rice\*  
Baked Tater Tots  
Apple Sauce

**4**  
Sweet and Sour Chicken (G) over Whole Grain Rice  
Fresh Red Pepper Strips  
Fresh Pear

**5**  
Cheese\* or Beef Nachos (GD)  
Roasted Carrots  
Diced Peaches in Juice

**6**  
Cheesy Baked Penne\* (GD)  
Fresh Broccoli  
Pineapple Tidbits in Juice

**7**  
**Field Day**  
All Beef Hot Dog on WG Bun (G)  
Bag of Chips  
Fresh Fruit  
Fruit Juice

**10**  
Grilled Cheese\* (GD) OR Campfire Beans over WG Rice\*  
Fresh Baby Carrots  
Apricot Halves in Juice

**11**  
Chicken Parm (GD) over Pasta (G)  
Red Pepper Strips  
Diced Pears in Juice

**12**  
Chicken Tenders (G) with Garlic Toast (GD)  
Fresh Zucchini Slices  
Fresh Apple

**13**  
Bacon Egg and Cheese Biscuit (GED)  
Baked French Fries  
Applesauce

**14**  
Chicken Pot Pie (GD)  
Fresh Cucumber Slices  
Fruit Cup in Juice

**17**  
French Toast Sticks\* with Scrambled Eggs (GED) OR Campfire Beans over WG Rice\*  
Baked Hash Brown  
Fresh Orange

**18**  
All Beef Hot Dog on a Bun (G)  
Baked French Fries  
Fresh Apple

**19**  
**1/2 Day  
No Lunches  
Served**

**20**  
**1/2 Day  
Last Day of  
School  
No Lunches  
Served  
Have a Great  
Summer!**

**21**

**24**

**25**

**26**

**27**

**28**

New Snack Offering on Wednesdays and Fridays!  
**Ice Milk Novelties \$1.50**  
Made with either non-fat or skim milk  
All cones whole grain rich  
Made in a nut free facility

Allergen Key  
G – Gluten  
E – Egg  
D – Dairy  
**\*Vegetarian Options\***

**More info...Meatless Mondays!**  
Lunch Price \$2.60  
Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

**Daily Options... Hummus available Daily**  
Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.  
**For lunch related information Visit:**  
<http://bernards.schooldish.com>