

Ridge High School Breakfast Menu

March 2019

Allergen Key

G – Gluten
E – Egg
D – Dairy

Vegetarian

1

Bacon, Egg and
Cheese Muffin (GED)

4

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

5

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

6

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

7

Sausage, Egg and
Cheese Wrap (GED)

Cinnamon Sugar Donut*
(G)

8

Bacon, Egg and
Cheese Muffin (GED)

11

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

12

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

13

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

14

Sausage, Egg and
Cheese Wrap (GED)

Cinnamon Sugar Donut*
(G)

15

Bacon, Egg and
Cheese Muffin (GED)

18

Taylor Ham, Egg and
Cheese on a Roll (GED)

Sausage, Egg and
Cheese on a Bagel (GED)

19

Pancakes* with Syrup
(GED)

Egg and Cheese Muffin
(GED)

20

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and
Cheese on a Bagel
(GED)

21

Sausage, Egg and
Cheese Wrap (GED)

Cinnamon Sugar Donut*
(G)

22

Bacon, Egg and
Cheese Muffin (GED)

25

Taylor Ham, Egg and
Cheese on a Roll
(GED)

Sausage, Egg and
Cheese on a Bagel
(GED)

26

Pancakes* with Syrup
(GED)

Egg and Cheese
Muffin (GED)

27

French Toast Sticks*
with Syrup (GED)

Bacon, Egg and Cheese
on a Bagel (GED)

28

Sausage, Egg and
Cheese Wrap (GED)

Cinnamon Sugar Donut*
(G)

29

Bacon, Egg and
Cheese Muffin (GED)

Available Daily...

Assorted Breakfast Sandwiches (GED), Muffins (G), Yogurt Parfait (GD), and Cereal (G). Whole Fruit and Fresh Fruit Cups. Tater Tots and Hash Browns.

More info...

For all lunch related information, please visit:
<https://bernards.schooldish.com>