

# Ridge High School Action Station Menu

December 2018

**3 Stir Fry Station \***  
(G)  
Choice of Rice or Lo Mein  
Choice of Beef, Chicken or Tofu  
Choice of Assorted Mix-Ins and Sauce

**4 Build your own Panini (GD)**  
Choice of Bread  
Choice of Crispy Chicken, Beef Steak Pepperoni, Grilled Vegetables Assorted Cheeses  
Choice of Assorted Toppings and Sauce

**5 Stir Fry Station \***  
(G)  
Choice of Rice or Lo Mein  
Choice of Beef, Chicken or Tofu  
Choice of Assorted Mix-Ins and Sauce

**6 Build your own Panini (GD)**  
Choice of Bread  
Choice of Crispy Chicken, Beef Steak Pepperoni, Grilled Vegetables Assorted Cheeses  
Choice of Assorted Toppings and Sauce

**7 Wing Station (GD)**  
Choice of Chicken Wings, Boneless Wings or Popcorn Chicken  
Choice of Sauce  
Side Items: Carrot and Celery Sticks and Potato Wedges

**10 Pasta Station \***  
(GED)  
Choice of Pasta  
Choice of Sauce  
Choice of Assorted Mix-ins  
Side Items: Parmesan Bread Stick

**11 Pasta Station \***  
(GED)  
Choice of Pasta  
Choice of Sauce  
Choice of Assorted Mix-ins  
Side Items: Parmesan Bread Stick

**12 Pasta Station \***  
(GED)  
Choice of Pasta  
Choice of Sauce  
Choice of Assorted Mix-ins  
Side Items: Parmesan Bread Stick

**13 Pasta Station \***  
(GED)  
Choice of Pasta  
Choice of Sauce  
Choice of Assorted Mix-ins  
Side Items: Parmesan Bread Stick

**14 Wing Station (GD)**  
Choice of Chicken Wings, Boneless Wings or Popcorn Chicken  
Choice of Sauce  
Side Items: Carrot and Celery Sticks and Potato Wedges

**17 Mediterranean Station \***  
(GD)  
Choice of Pita, Quinoa or Couscous  
Choice of Chicken or Beef  
Choice of Assorted Mix-Ins

**18 Build your own Panini (GD)**  
Choice of Bread  
Choice of Crispy Chicken, Beef Steak Pepperoni, Grilled Vegetables Assorted Cheeses  
Choice of Assorted Toppings and Sauce

**19 Hebrew National All Beef Hot Dog**  
Choice of Assorted Toppings (GD)  
  
**Choice of:**  
Onion Rings (G) OR Carrot and Celery Sticks

**20 Build your own Panini (GD)**  
Choice of Bread  
Choice of Crispy Chicken, Beef Steak Pepperoni, Grilled Vegetables Assorted Cheeses  
Choice of Assorted

**21 1/2 Day Limited Menu**  
Boneless Chicken Wings  
**Choice of:**  
French Fries OR Carrot and Celery Sticks

**24 Schools Closed Winter Recess**

**20 Schools Closed Winter Recess**

**21 Schools Closed Winter Recess**

**22 Schools Closed Winter Recess**

**23 Schools Closed Winter Recess**

**31 Schools Closed Winter Recess**

For Nutritional and additional lunch Information:  
<https://bernards.schooldish.com>

Menus Subject to Change

**Allergen Key:**

- G – Gluten
- E – Egg
- D – Dairy

**\*\*Vegetarian Options\*\***