

Mount Prospect School 2018-2019			
Description	Price	Description	Price
Student Lunch		A la Carte	
School Lunch	\$2.60	Bagel, Whole Grain	\$1.55
Entrée, a la carte	\$2.40	Butter	\$0.10
Salad Special	\$2.40	Cream Cheese	\$0.55
Deli Sandwich	\$2.40	Crackers	\$0.40
Hamburger or Cheese Burger	\$2.20	String Cheese	\$0.80
Veggie Burger	\$2.40	Yogurt 4oz Cup	\$1.05
Sun Butter Sandwich	\$2.40	Yogurt Parfait	\$2.50
Hummus Platter with Veggies	\$2.95	Go Big Yogurt	\$1.15
Chicken Patty Sandwich	\$2.20	Premium Fruit & Veggie Cup	\$0.95
Pizza, Whole Grain	\$2.20	Shredded Cheese Cup	\$0.60
Build Your Own Pizza	\$2.60	Frozen Slushie 100% Juice	\$1.35
Calzone	\$2.20	Pudding Cup, Low Fat	\$1.25
Sides		Fruit Snacks 100% juice	\$0.75
Vegetable/Starch	\$0.65	Jello, Sugar Free	\$0.65
Small Garden Salad	\$0.65	Donuts, Whole Grain	\$1.25
Dinner Roll	\$0.60	Donut Holes, Whole Grain	\$1.00
Hard Cooked Eggs(2)	\$0.65	Pop Tarts, Whole Grain	\$1.00
Fruit Cup	\$0.65	Soft Pretzel, Whole Grain	\$1.00
Veggie Cup	\$0.65	Baked Tortilla Chips & Salsa	\$1.00
Soup, Seasonal	\$1.45	Fresh Baked Cookies, Whole Grain	\$0.35
Apples and Bananas	\$0.65	Rice Krispy Treat, Small Whole Grain	\$0.40
Oranges	\$0.60	Goldfish, Whole Grain	\$0.60
Beverages		Churro	\$1.00
Milk	\$0.70	Cinnamon Bun	\$0.95
4oz Juice	\$0.65	Cereal Bars	\$1.35
8oz Water	\$0.80	Otis Spunkmeyer Muffin 4oz	\$0.95
8oz sparkling Juice	\$1.60	Cereal Bars	\$1.35
Capri Sun	\$1.15	Apple Frudel	\$1.45
Poland Springs Sparkling Water	\$1.55	Assorted Baked Lays	\$1.00
		Reduced Fat Doritos	\$1.00
		Sunchips	\$1.00
		Cheeze Its	\$1.00