



Liberty Corner Lunch Menu

May 2019

<p>Hot Air Non-GMO Popcorn Rotating Seasonings of plain, parmesan cheese, cinnamon, No Added Salt Ranch, Cheddar and Tangy Buffalo \$1.25</p>	<p>Allergen Key G – Gluten E – Egg D – Dairy</p> <p>*Vegetarian Options*</p>	<p>1 Cheese* or Beef Nachos (GD) Roasted Carrots Diced Peaches in Juice</p>	<p>2 Cheesy Baked Penne* (GD) Fresh Broccoli Pineapple Tidbits in Juice</p>	<p>3 Mozzarella Sticks* (GD) with Marinara Sauce Steamed Corn Fresh Pear</p>
<p>6 Grilled Cheese* (GD) with Tomato Soup OR Campfire Beans over WG Rice* Fresh Baby Carrots Apricot Halves in Juice</p>	<p>7 Chicken Parm (GD) over Spaghetti (G) Red Pepper Strips Diced Pears in Juice</p>	<p>8 Chicken Tenders (G) with Garlic Toast (GD) Fresh Zucchini Slices Fresh Apple</p>	<p>9 Bacon Egg and Cheese Biscuit (GED) Baked French Fries Applesauce</p>	<p>10 Chicken Pot Pie (GD) Fresh Cucumber Slices Fruit Cup in Juice</p>
<p>13 French Toast Sticks* with Scrambled Eggs (GED) OR Campfire Beans over WG Rice* Baked Hash Brown Fresh Orange</p>	<p>14 Cheese Ravioli* (GED) with Marinara Sauce Mixed Roasted Vegetables Fresh Apple</p>	<p>15 Chicken Nugget Bowl (G) with Whole Grain Biscuit (GD) Sweet Potato Fries Diced Peaches</p>	<p>16 Meatball Parm Sub (GED) Roasted Carrots Pineapple Tidbits in Juice</p>	<p>17 Chicken or Cheese* (D) Nachos Fresh Red Pepper Strips Mandarin Oranges in Juice</p>
<p>20 Mac and Cheese* (GD) with Corn Bread (GED) OR Campfire Beans over WG Rice* Roasted Fresh Broccoli Apricot Halves in Juice</p>	<p>21 Popcorn Chicken (G) with Whole Grain Dinner Roll Fresh Red Pepper Strips Diced Pears in Juice</p>	<p>22 Sloppy Joe on a WG Bun (G) Baked French Fries Fresh Apple</p>	<p>23 Mini Waffles* (GED) with Chicken Sausage Baked Tater Tots Applesauce</p>	<p>In-Service Day No School</p>
<p>Memorial Day No School</p>	<p>28 Penne Alfredo with Chicken (GD) Roasted Carrots Fresh Grapes</p>	<p>29 Chicken Nuggets (G) with Garlic Toast (GD) Fresh Broccoli Fresh Banana</p>	<p>30 Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G) Fresh Tomato Wedges Fresh Orange</p>	<p>31 Pizza Sticks* (GD) with Marinara Sauce Fresh Cucumber Slices Mandarin Oranges in Juice</p>

More info...Meatless Mondays!

Lunch Price \$2.60
Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

Daily Options... Hummus available Daily

Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.
For lunch related information Visit:
<http://bernards.schooldish.com>