



Liberty Corner Lunch Menu

February 2019

Introducing Hot Air Non-GMO Popcorn February 4th.

Rotating Seasonings of plain, parmesan cheese, cinnamon, No Added Salt Ranch, Cheddar and Tangy Buffalo
\$1.50

4

Mac and Cheese* (GD) with Corn Bread (GED) OR Campfire Beans over WG Rice*

Coleslaw (ED)
Apricot Halves in Juice

5

Popcorn Chicken (G) with Vegetable Lo Mein (G) OR Charro Black Beans over WG Rice*

Fresh Red Pepper Strips
Diced Pears in Juice

6

Three Cheese Calzone (GED) OR Kickin' Pinto Beans over WG Rice*

Baked French Fries
Fresh Apple

7

Mini Waffles* (GED) with Chicken Sausage OR BBQ Black Beans over WG Rice*

Baked Tater Tots
Applesauce

8

Rotini Pasta (G) with Meat Sauce or Marinara* Sauce with WG Dinner Roll (G) OR Charro Beans over WG Rice*

Steamed Corn
Fruit Cup in Juice

11

Mini Pancakes* (GED) with Scrambled Eggs (E) OR Campfire Beans over WG Rice*

Hash Brown
Raisins

12

Penne Alfredo with Chicken (GD) OR Charro Black Beans over WG Rice*

Roasted Carrots
Fresh Grapes

13

Chicken Nuggets (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*

Sweet Potato Tots
Fresh Banana

14

Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G) OR BBQ Black Beans over WG Rice*

Fresh Tomato Wedges
Fresh Orange

15

Pizza Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*

Fresh Cucumber Slices
Mandarin Oranges in Juice

18

Mid-Winter Recess School Closed

19

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20

Cheese* or Chicken Nachos (GD) OR Kickin' Pinto Beans over WG Rice*

French Fries
Diced Peaches in Juice

21

Cheesy Baked Penne* (GD) OR BBQ Black Beans over WG Rice*

Fresh Broccoli
Pineapple Tidbits in Juice

22

Mozzarella Sticks* (GD) with Marinara Sauce OR Charro Beans over WG Rice*

Steamed Corn
Apricot Halves in Juice

25

Grilled Cheese (GD) with Tomato Soup OR Campfire Beans over WG Rice*

Fresh Baby Carrots
Apricot Halves in Juice

26

Chicken Parm (GD) over Spaghetti (G) OR Charro Black Beans over WG Rice*

Red Pepper Strips
Diced Pears in Juice

27

Chicken Tenders (G) with Garlic Toast (GD) OR Kickin' Pinto Beans over WG Rice*

Fresh Zucchini Slices
Fresh Apple

28

ACE Giveaway Day

Bacon Egg and Cheese Biscuit (GED) OR BBQ Black Beans over WG Rice*

Baked French Fries
Applesauce

Allergen Key

G – Gluten
E – Egg
D – Dairy

Vegetarian Options

More info...Meatless Mondays!

Lunch Price \$2.60
Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

Daily Options... Hummus available Daily

Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.

For lunch related information Visit:

<http://bernards.schooldish.com>