



# Liberty Corner Lunch Menu

March 2019

<p><b>Hot Air Non-GMO Popcorn</b> Rotating Seasonings of plain, parmesan cheese, cinnamon, No Added Salt Ranch, Cheddar and Tangy Buffalo \$1.25</p>	<p><b>Allergen Key</b> G – Gluten E – Egg D – Dairy  <b>*Vegetarian Options*</b></p>			<p><b>1</b> Grilled Cheese* with or without Bacon (GD) Fresh Cucumber Slices Fruit Cup in Juice</p>
<p><b>4</b> French Toast Sticks* with Scrambled Eggs (GED) OR Campfire Beans over WG Rice* Baked Hash Brown Fresh Orange</p>	<p><b>5</b> Cheese Ravioli* (GED) with Marinara Sauce* Mixed Roasted Vegetables Fresh Apple</p>	<p><b>6</b> <b>½ Day Teacher In-Service Day</b> <b>No Lunches Served</b></p>	<p><b>7</b> Meatball Parm Sub (GED) Roasted Carrots Pineapple Tidbits in Juice</p>	<p><b>8</b> Chicken or Cheese* (D) Nachos Fresh Red Pepper Strips Mandarin Oranges in Juice</p>
<p><b>11</b> Mac and Cheese* (GD) with Corn Bread (GED) OR Campfire Beans over WG Rice* Coleslaw Apricot Halves in Juice</p>	<p><b>12 Ace Giveaway Day</b> Popcorn Chicken (G) with Whole Grain Dinner Roll (G)* Fresh Red Pepper Strips Diced Pears in Juice</p>	<p><b>13</b> Three Cheese Calzone (GED) Baked French Fries Fresh Apple</p>	<p><b>14</b> Mini Waffles* (GED) with Chicken Sausage Baked Tater Tots Applesauce</p>	<p><b>15</b> Rotini Pasta (G) with Meat Sauce or Marinara* Sauce with Whole Grain Dinner Roll (G) Steamed Corn Fruit Cup in Juice</p>
<p><b>18</b> Mini Pancakes* (GED) with Scrambled Eggs (E) OR Campfire Beans over WG Rice* Baked Hash Brown Raisins</p>	<p><b>19</b> Penne Alfredo with Chicken (GD) Roasted Carrots Fresh Grapes</p>	<p><b>20 First Day of Spring</b> Chicken Nuggets (G) with Garlic Toast (GD) Fresh Broccoli Fresh Banana</p>	<p><b>21</b> Breaded Chicken Drumstick (G) with Whole Grain Dinner Roll (G) Fresh Tomato Wedges Fresh Orange</p>	<p><b>22</b> Pizza Sticks* (GD) with Marinara Sauce Fresh Cucumber Slices Mandarin Oranges in Juice</p>
<p><b>25</b> Mini Berry French Toast* (GED) w/ Egg Patty (E) OR Campfire Beans over WG Rice* Baked Tater Tots Apple Sauce</p>	<p><b>26</b> Sweet and Sour Chicken (G) over Whole Grain Rice Fresh Red Pepper Strips Fresh Pear</p>	<p><b>27</b> Beef* or Chicken Nachos (GD) Roasted Carrots Diced Peaches in Juice</p>	<p><b>28</b> Cheesy Baked Penne* (GD) Fresh Broccoli Pineapple Tidbits in Juice</p>	<p><b>29</b> Mozzarella Sticks* (GD) with Marinara Sauce Steamed Corn Apricot Halves in Juice</p>

## More info...Meatless Mondays!

Lunch Price \$2.60  
Must purchase at least 1 fruit **or** 1 vegetable **and** 2 other food groups, otherwise, a la carte pricing applies. Qualifying lunches include milk, 4oz Juice or 8 oz. water.

## Daily Options... Hummus available Daily

Cheese or Pepperoni Pizza, Spicy or Plain Chicken Patty, Hamburger or Cheeseburger, and Veggie Burgers. Assorted Fresh Fruit and Vegetables.  
**For lunch related information Visit:**  
<http://bernards.schooldish.com>